

Guide to Breastfeeding Support Services in San Joaquin County

BREASTFEEDING HELPLINES

Dameron Hospital
(209) 944-5550, ext. 3375 or 3792

Kaiser Stockton
(209) 476-3513
(For Kaiser members only)

La Leche League
1-877-4-LALECHE
24 hr. toll free helpline service

Lodi Memorial Hospital
(209) 339-7522

**National Women's Health Center
Breastfeeding Helpline**
1-800-944-9662
Mon.-Fri. 9am-6pm EST

**San Joaquin Public Health
Services (WIC clients only)**
(209) 468-0373
(Spanish speaking counselors
available.)

St. Joseph's Nurse Call Center
(209) 939-4525

**Sutter Tracy Community Hospital
Baby Bungalow**
(209) 833-2419

Outside of San Joaquin County:
Kaiser South Sacramento
(916) 688-6676
(For Kaiser members only)

**The Lactation Station at Sutter
Medical Center Sacramento**
(916) 733-1441

BREASTFEEDING CLASSES

Dameron Hospital
(209) 242-7074

Kaiser Health Education Dept.
Stockton- (209) 476-3299
Manteca – (209) 824-5070
Tracy- (209) 839-6130
Classes open to the public.
Stockton location also offers
classes in Spanish.

Lodi Memorial Hospital
(209) 339-7520

St. Joseph's Medical Center
(209) 461-5213

Sutter Tracy Community Hospital
(209) 833-2321

LA LECHE LEAGUE LEADERS

La Leche League USA
www.llusa.org

Lodi
Central Phone Line (209) 367-3737
Holly (209) 365-0936
Susan (209) 763-2700

Manteca
Amy (209) 599-7491
Angela (209) 239-6585

Stockton
Kirsten (209) 474-8084
Rebecca (209) 931-4309 (also
speaks Spanish)

Tracy
Kristen (209) 830-9931

PARENTAL SUPPORT

**Down Syndrome Information
Alliance**
925 L Street, Suite 1200
Sacramento, CA 95814
(916) 658-1686
www.downsyndromeinfo.org

**Family Resource & Referral
Center**
509 W Weber Ave Suite 101
Stockton, CA 95203
(209) 948-5553
1-800-526-1555
www.frrcsj.org

MOPS (Mothers of Preschoolers)

**Crossroads Grace
Community Church**
1505 Moffat Blvd.
Manteca, CA 95336
Chantel (209) 825-5178

(MOPS groups continued)

Heartland Community Church
651 N Cherokee Ln
Lodi, CA 95240
Paula (209) 366-0882

Quail Lakes Baptist Church
1904 Quail Lakes Dr.
Stockton Ca 95207
Nicole (209) 957-4010
Tina (209) 478-6916

St. Andrews Lutheran Church
4910 Claremont Ave
Stockton, CA 95207
Miriam (209)462-2366

**Postpartum Support
International
PSI Helpline (800) 944-4PPD**
Northern California Coordinator:
Pec Indman, EdD, MFT
(408) 252-5552
www.postpartum.net

**San Joaquin County Public
Health Services
Maternal, Child, and Adolescent
Health (MCAH)**
Information on health programs
and services throughout the county
(209) 953-3675
1-800-698-2304

**SIDS Alliance of Northern
California**
(877) 938-7437
www.sidsnc.com

PROFESSIONAL LACTATION CONSULTATIONS

**Delta Health Care-WIC
(For DHC WIC clients only)**
4662 Precissi Lane Suite 100
Stockton, CA 95207
(209) 477-0378

**Sutter Tracy Community Hospital
Baby Bungalow**
1420 N. Tracy Blvd.
Tracy, CA 95376
(209) 833-2419
Mon.– Fri. 11:30 am-1:30 pm

Outside of San Joaquin County:

Patricia Dubray, IBCLC

(916) 685-1812

Call for fee information; will travel to San Joaquin County.

Jaye Simpson, IBCLC, CIIM

(916) 344-6660

www.breastfeedingnetwork.net

Call for fee information; will travel to San Joaquin County.

UC Davis Breastfeeding Clinic

(916) 734-5051 or (916) 734-3112

PUMP RENTALS/SALES

Kaiser Health Education

Department

****Pump rentals For Kaiser members only. Pump sales open to the public.****

Manteca

1721 W. Yosemite Ave.

Manteca, CA 95337

(209) 824-5070

Stockton

7373 West Lane

Stockton, CA 95210

(209) 476-3299

Tracy

2185 W. Grant Line Rd.

Tracy, CA 95377

(209) 839-6130

Linacia Pharmacy

420 W. Acacia

Stockton, CA 95203

(209) 466-2954

Lodi Memorial Hospital Home

Medical Equipment

1115 S Fairmont Ave

Lodi, CA 95240

(209) 339-7610

Sutter Tracy Community Hospital

Baby Bungalow

1420 N. Tracy Blvd.

Tracy, CA 95376

(209) 833-2419

Tammy's Baby Shoppe

127 N. Main Street

Manteca, CA 95336

(209) 239-5537

WIC PROGRAMS

LODI

Community Medical Centers

Woodbridge Medical Group

2401 W. Turner Rd.

Lodi, CA 95242

(209)368-1683

Delta Health Care

318 S. Crescent Ave.

Lodi, CA 95240

(209) 369-3066

MANTECA

San Joaquin County Public

Health Services

124 Sycamore Lane

Manteca, CA 95336

(209) 823-7104

(Tues., Thurs., & Fri.)

STOCKTON

Community Medical Centers

425 N. California St., #7

Stockton, CA 95202

(209) 870-5000

Delta Health Care

4662 Precissi Ln., Suite 500

Stockton, CA 95207

(209) 444-8600

(209) 444-8600—Sierra Vista

(209) 644-8629—West Lane Oaks

Center

(Peer Counselor Program available)

San Joaquin County Public

Health Services

1145 N. Hunter St.

Stockton, CA 95202

(209) 468-3280

TRACY

Community Medical Centers

728 S. Central

Tracy, CA 95376

(209) 833-6052

Public Health Services

205 W. Ninth St.

Tracy, CA 95376

(209) 831-5930(Mondays)

WEBSITES

www.4woman.gov Women's Health

U.S. Department of Health and Human Services

www.aap.org American Academy of Pediatrics

www.asklenore.info Resource for adoption and surrogacy

www.babyfriendlyusa.org Baby Friendly Initiative USA

www.bfar.org Breastfeeding After Reduction

www.bfmed.org Academy of Breastfeeding Medicine

www.breastfeedforall.org Mothers' Breastfeeding Stories

www.breastfeeding.com

Breastfeeding FAQ's

www.breastfeeding.org San Diego County Breastfeeding Coalition

www.breastfeedingcoalition.org San Joaquin County Breastfeeding Coalition

www.iblce.org International Board of Lactation Consultant Examiners

www.ibreastfeeding.com Hale Publishing—Free breastfeeding pamphlets

www.ilca.org International Lactation Consultant Association

www.kellymom.com Breastfeeding and Parenting

www.la lecheleague.org La Leche League International

www.milkbanksj.org Mothers' Milk Bank at Santa Clara Valley Medical Center

<http://neonatal.ama.ttuhs.edu/lact/>

Breastfeeding Pharmacology—Dr. Thomas Hale (Medications and Mother's Milk)

www.wicworks.ca.gov Women, Infants, and Children Supplemental Nutrition Program



Brought to you by:

Delta Health Care

4662 Precissi Lane, Suite 100

Stockton, CA 95207

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